



1
00:00:05,910 --> 00:00:03,830
change someone's grief status

2
00:00:07,110 --> 00:00:05,920
to that extent that's something worthy

3
00:00:09,830 --> 00:00:07,120
of investigation

4
00:00:10,870 --> 00:00:09,840
there was another woman who participated

5
00:00:14,870 --> 00:00:10,880
in research

6
00:00:16,470 --> 00:00:14,880
and sometimes during a

7
00:00:17,830 --> 00:00:16,480
study we do a follow-up phone reading

8
00:00:20,070 --> 00:00:17,840
where the medium and the sitter get to

9
00:00:23,670 --> 00:00:20,080
be on the phone at the same time

10
00:00:25,109 --> 00:00:23,680
and the medium was getting information

11
00:00:27,109 --> 00:00:25,119
and she was saying the deceased is

12
00:00:29,189 --> 00:00:27,119
saying that you should sell your house

13
00:00:30,630 --> 00:00:29,199

you that you should move

14

00:00:32,630 --> 00:00:30,640

i don't know what that means that's just

15

00:00:33,670 --> 00:00:32,640

what i'm getting and she finishes the

16

00:00:36,870 --> 00:00:33,680

reading and then the

17

00:00:39,750 --> 00:00:36,880

um the sitter's allowed to comment and

18

00:00:40,069 --> 00:00:39,760

the sitter said uh that the person that

19

00:00:42,790 --> 00:00:40,079

we

20

00:00:44,389 --> 00:00:42,800

had contacted was her son and her son

21

00:00:45,830 --> 00:00:44,399

had gone through a terrible divorce it

22

00:00:47,750 --> 00:00:45,840

was her grown son

23

00:00:50,310 --> 00:00:47,760

and he had moved back home with the

24

00:00:52,549 --> 00:00:50,320

parents while he got back on his feet

25

00:00:54,389 --> 00:00:52,559

and they were gonna their house was too

26

00:00:55,110 --> 00:00:54,399

big and as soon as he moved out they

27

00:00:57,990 --> 00:00:55,120

were gonna sell

28

00:00:58,709 --> 00:00:58,000

their house and move and that was six

29

00:01:01,750 --> 00:00:58,719

years

30

00:01:03,750 --> 00:01:01,760

prior to this reading and

31

00:01:05,990 --> 00:01:03,760

it was one of those cases where she kept

32

00:01:08,789 --> 00:01:06,000

the room exactly the same as

33

00:01:09,429 --> 00:01:08,799

the day that he had unexpectedly died i

34

00:01:13,510 --> 00:01:09,439

believe in an

35

00:01:15,749 --> 00:01:13,520

auto accident and um

36

00:01:16,630 --> 00:01:15,759

hearing this medium say that the son was

37

00:01:18,870 --> 00:01:16,640

saying

38

00:01:20,710 --> 00:01:18,880

that she should sell the house and move

39

00:01:22,870 --> 00:01:20,720

um i think she used

40

00:01:24,070 --> 00:01:22,880

a comment like i can live my life i can

41

00:01:26,469 --> 00:01:24,080

start to live again

42

00:01:28,550 --> 00:01:26,479

i can just for so for six years she was

43

00:01:31,830 --> 00:01:28,560

kind of in suspended animation

44

00:01:33,109 --> 00:01:31,840

um and then a medium said move and she

45

00:01:34,710 --> 00:01:33,119

could live again

46

00:01:36,390 --> 00:01:34,720

so there's there's really something

47

00:01:38,789 --> 00:01:36,400

there so we wanted to

48

00:01:40,710 --> 00:01:38,799

um we wanted to look at it so we did

49

00:01:43,190 --> 00:01:40,720

this pilot grief study we just did an

50

00:01:45,350 --> 00:01:43,200

online survey and asked

51
00:01:47,030 --> 00:01:45,360
people who had seen a medium to rate

52
00:01:48,789 --> 00:01:47,040
their level of grief before

53
00:01:51,270 --> 00:01:48,799
the reading and after the reading and

54
00:01:53,350 --> 00:01:51,280
then a subset of those people had also

55
00:01:56,389 --> 00:01:53,360
worked with a mental health professional

56
00:01:58,310 --> 00:01:56,399
so they also answered the question rate

57
00:02:00,069 --> 00:01:58,320
your grief before and after working with

58
00:02:02,389 --> 00:02:00,079
the mental health professional so

59
00:02:03,350 --> 00:02:02,399
i felt no grief i felt some grief but a

60
00:02:06,149 --> 00:02:03,360
very low level

61
00:02:08,229 --> 00:02:06,159
i felt somewhat low manageable level i

62
00:02:09,270 --> 00:02:08,239
felt that somewhat high and i felt a

63
00:02:11,670 --> 00:02:09,280

very high almost

64

00:02:13,190 --> 00:02:11,680

unbearable level of grief and we're

65

00:02:13,750 --> 00:02:13,200

still collecting data but this is where

66

00:02:17,830 --> 00:02:13,760

we are

67

00:02:21,510 --> 00:02:17,840

so far um uh for the reading you can see

68

00:02:22,150 --> 00:02:21,520

the um the people on average started and

69

00:02:25,110 --> 00:02:22,160

this was a

70

00:02:25,670 --> 00:02:25,120

the n is 65 here in the the mediumship

71

00:02:27,990 --> 00:02:25,680

readings

72

00:02:29,270 --> 00:02:28,000

so they're a little bit higher the high

73

00:02:31,030 --> 00:02:29,280

and then after the reading they're a

74

00:02:33,110 --> 00:02:31,040

little bit lower than low

75

00:02:36,790 --> 00:02:33,120

and that change is statistically

76

00:02:38,710 --> 00:02:36,800

significant to 10 to the negative 26.

77

00:02:40,150 --> 00:02:38,720

there then the subset of those people

78

00:02:41,750 --> 00:02:40,160

also worked with a mental health

79

00:02:44,150 --> 00:02:41,760

professional and they started

80

00:02:45,270 --> 00:02:44,160

much higher and that makes perfect sense

81

00:02:47,190 --> 00:02:45,280

um if you're

82

00:02:49,430 --> 00:02:47,200

if you were at that point of my grief

83

00:02:52,869 --> 00:02:49,440

was unbearable that would drive you

84

00:02:56,229 --> 00:02:52,879

to a counselor not to a medium

85

00:02:58,949 --> 00:02:56,239

and the no surprise the change here

86

00:02:59,750 --> 00:02:58,959

was also statistically significant but i

87

00:03:03,110 --> 00:02:59,760

think what was

88

00:03:05,270 --> 00:03:03,120

most interesting is i looked at whether

89

00:03:06,149 --> 00:03:05,280

this change was different than this

90

00:03:10,229 --> 00:03:06,159

change

91

00:03:14,550 --> 00:03:10,239

and that was um also significant

92

00:03:16,869 --> 00:03:14,560

so people were reporting that they felt

93

00:03:17,990 --> 00:03:16,879

more better i guess you could say more

94

00:03:20,149 --> 00:03:18,000

better

95

00:03:21,110 --> 00:03:20,159

after a mediumship reading than they did

96

00:03:23,190 --> 00:03:21,120

after uh

97

00:03:24,390 --> 00:03:23,200

work with a mental health professional

98

00:03:25,990 --> 00:03:24,400

so that's

99

00:03:27,190 --> 00:03:26,000

you know that's quite interesting and at

100

00:03:28,229 --> 00:03:27,200

the end of the survey we said do you

101

00:03:29,589 --> 00:03:28,239

have any comments

102

00:03:31,430 --> 00:03:29,599

about your grief that you'd like to

103

00:03:31,990 --> 00:03:31,440

share and this is what some of the

104

00:03:33,509 --> 00:03:32,000

people said

105

00:03:35,670 --> 00:03:33,519

i felt better after being with the

106

00:03:37,589 --> 00:03:35,680

medium she stated things to me that were

107

00:03:38,789 --> 00:03:37,599

personal from my dad that no social

108

00:03:40,550 --> 00:03:38,799

worker could have done

109

00:03:43,430 --> 00:03:40,560

the medium reached my heart the social

110

00:03:45,589 --> 00:03:43,440

worker my mind

111

00:03:47,270 --> 00:03:45,599

another person said when my first mental

112

00:03:48,869 --> 00:03:47,280

health professional negated the reading

113

00:03:50,550 --> 00:03:48,879

i had with the medium i switched to

114

00:03:51,430 --> 00:03:50,560

someone who understood and supported my

115

00:03:52,869 --> 00:03:51,440

new reality

116

00:03:54,630 --> 00:03:52,879

and therefore received much more

117

00:03:56,710 --> 00:03:54,640

constructive help with my grief

118

00:03:58,470 --> 00:03:56,720

so there's a consumer of mental health

119

00:04:01,270 --> 00:03:58,480

care

120

00:04:03,429 --> 00:04:01,280

changing to a mental health professional

121

00:04:05,589 --> 00:04:03,439

that supported her belief system and

122

00:04:06,710 --> 00:04:05,599

at least um you know entertained the

123

00:04:09,750 --> 00:04:06,720

possibility that

124

00:04:10,949 --> 00:04:09,760

uh that this that this was happening

125

00:04:13,429 --> 00:04:10,959

and then another person said the

126

00:04:15,270 --> 00:04:13,439

combination of assistance from mhp and a

127

00:04:17,030 --> 00:04:15,280

medium is of significant value in

128

00:04:18,949 --> 00:04:17,040

processing grief and corroborating one's

129

00:04:21,990 --> 00:04:18,959

belief in life on the other side

130

00:04:25,510 --> 00:04:22,000

so the two together um

131

00:04:38,870 --> 00:04:25,520

are maybe helpful than either

132

00:04:41,909 --> 00:04:40,390

i wanted to talk about misconception

133

00:04:43,350 --> 00:04:41,919

mediums really fast and in-person

134

00:04:45,189 --> 00:04:43,360

reading is better than a phone reading

135

00:04:46,070 --> 00:04:45,199

the opposite is true most mediums will

136

00:04:47,990 --> 00:04:46,080

agree

137

00:04:50,070 --> 00:04:48,000

um when they're on the phone with you

138

00:04:51,749 --> 00:04:50,080

they can block you out and their

139

00:04:53,270 --> 00:04:51,759

their left brain need to make

140

00:04:55,430 --> 00:04:53,280

assessments about you and just

141

00:04:57,189 --> 00:04:55,440

hear what the disease is saying all

142

00:05:01,029 --> 00:04:57,199

mediums are kind spiritual people

143

00:05:01,909 --> 00:05:01,039

nope um a lot of them are nasty nasty

144

00:05:05,189 --> 00:05:01,919

nasty people

145

00:05:06,310 --> 00:05:05,199

so um be aware of that more money means

146

00:05:08,150 --> 00:05:06,320

more or better info

147

00:05:10,070 --> 00:05:08,160

nope it just means that people will pay

148

00:05:11,670 --> 00:05:10,080

that person the the medium who gives

149

00:05:12,230 --> 00:05:11,680

free readings at the psychic fair may be

150

00:05:14,150 --> 00:05:12,240

better than

151

00:05:15,590 --> 00:05:14,160

anyone you've ever seen on tv or

152

00:05:19,110 --> 00:05:15,600

anything like that

153

00:05:21,510 --> 00:05:19,120

um how to get the most out of a reading

154

00:05:23,430 --> 00:05:21,520

choose wisely ask the discarnate to be

155

00:05:25,670 --> 00:05:23,440

there provide as little

156

00:05:27,270 --> 00:05:25,680

information as possible to the medium

157

00:05:28,790 --> 00:05:27,280

don't create codes or ask proof

158

00:05:29,590 --> 00:05:28,800

questions because you know the answer to

159

00:05:32,710 --> 00:05:29,600

the code

160

00:05:33,749 --> 00:05:32,720

so that doesn't eliminate telepathy as

161

00:05:35,590 --> 00:05:33,759

the explanation

162

00:05:37,830 --> 00:05:35,600

if the medium reports the answer to the

163

00:05:38,710 --> 00:05:37,840

code you knew the code so it doesn't

164

00:05:40,390 --> 00:05:38,720

that's not

165

00:05:41,749 --> 00:05:40,400

evidential for you and remember that

166

00:05:44,629 --> 00:05:41,759

you're grieving and that

167

00:05:45,830 --> 00:05:44,639

colors um any your perception of

168

00:05:48,469 --> 00:05:45,840

everything

169

00:05:49,990 --> 00:05:48,479

so in the future we still need to answer

170

00:05:51,590 --> 00:05:50,000

these questions do mediums get their

171

00:05:53,189 --> 00:05:51,600

information telepathically are they

172

00:05:54,870 --> 00:05:53,199

communicating with the deceased

173

00:05:56,950 --> 00:05:54,880

does participating in a mediumship

174

00:05:58,629 --> 00:05:56,960

reading help in grief recovery

175

00:06:00,790 --> 00:05:58,639

do measurable changes occur in the

176
00:06:02,070 --> 00:06:00,800
environment when a discarnate is present

177
00:06:04,390 --> 00:06:02,080
contrary to what you've seen on go

178
00:06:06,469 --> 00:06:04,400
centers none of that's been established

179
00:06:07,510 --> 00:06:06,479
and so we're very interested in in

180
00:06:09,909 --> 00:06:07,520
looking at that

181
00:06:11,990 --> 00:06:09,919
my husband um who's the co-founder of

182
00:06:13,670 --> 00:06:12,000
winbridge has 10 years experience as a

183
00:06:15,189 --> 00:06:13,680
ghost hunter he hates that term

184
00:06:17,670 --> 00:06:15,199
we're vegetarian we don't like to hunt

185
00:06:19,830 --> 00:06:17,680
anything um

186
00:06:22,550 --> 00:06:19,840
and then what's the best way to interact

187
00:06:24,070 --> 00:06:22,560
and communicate with a discarnate

188
00:06:26,710 --> 00:06:24,080

and the big ones what happens when we

189

00:06:28,629 --> 00:06:26,720

die is they're indeed life after death

190

00:06:29,830 --> 00:06:28,639

um do we have time i have a little pop

191

00:06:32,150 --> 00:06:29,840

quiz how much time do we have

192

00:06:33,670 --> 00:06:32,160

all right a little pop quiz this is the

193

00:06:34,870 --> 00:06:33,680

first one i'll give you the answer

194

00:06:36,629 --> 00:06:34,880

socrates said

195

00:06:38,150 --> 00:06:36,639

death is one of two things either it is

196

00:06:39,510 --> 00:06:38,160

annihilation and the dead have no

197

00:06:41,510 --> 00:06:39,520

consciousness of anything

198

00:06:43,590 --> 00:06:41,520

or as we are told it is really a change

199

00:06:45,350 --> 00:06:43,600

of migration of the soul from one place

200

00:06:46,950 --> 00:06:45,360

to another

201
00:06:48,469 --> 00:06:46,960
so here's another quote we'll see if you

202
00:06:50,309 --> 00:06:48,479
can see who said these death is a

203
00:06:52,710 --> 00:06:50,319
natural part of life rejoice for those

204
00:06:57,350 --> 00:06:52,720
around you who transform into the force

205
00:07:00,469 --> 00:06:58,950
i'm surprised no one got that that's

206
00:07:02,790 --> 00:07:00,479
that's a good one

207
00:07:05,110 --> 00:07:02,800
to the well mind death is but the next

208
00:07:06,950 --> 00:07:05,120
great adventure

209
00:07:09,749 --> 00:07:06,960
there you go alice dumbledore the

210
00:07:11,990 --> 00:07:09,759
headmaster of hogwarts um

211
00:07:12,950 --> 00:07:12,000
school for witches and wizards i'm not

212
00:07:14,870 --> 00:07:12,960
sure what it's called

213
00:07:17,589 --> 00:07:14,880

and then without death life would be

214

00:07:20,870 --> 00:07:17,599

meaningless

215

00:07:22,550 --> 00:07:20,880

no that's a good guess but no

216

00:07:25,430 --> 00:07:22,560

is anyone familiar with the great

217

00:07:28,790 --> 00:07:25,440

american philosopher dave mustain

218

00:07:30,870 --> 00:07:28,800

he's the lead singer of megadeth

219

00:07:33,110 --> 00:07:30,880

and when asked why all his songs were

220

00:07:35,029 --> 00:07:33,120

about death he said without death life

221

00:07:37,510 --> 00:07:35,039

would be meaningless

222

00:07:38,150 --> 00:07:37,520

uh i want to thank so much the sse for

223

00:07:39,990 --> 00:07:38,160

having me

224

00:07:41,670 --> 00:07:40,000

um this was just a really great

225

00:07:44,390 --> 00:07:41,680

experience um

226

00:07:44,710 --> 00:07:44,400

i i feel honored to have been invited

227

00:07:46,710 --> 00:07:44,720

here

228

00:07:47,909 --> 00:07:46,720

i want to thank the other winbridge

229

00:07:50,469 --> 00:07:47,919

researchers adam

230

00:07:52,150 --> 00:07:50,479

chad mark and michael our scientific

231

00:07:54,550 --> 00:07:52,160

advisory board a couple of

232

00:07:55,670 --> 00:07:54,560

who are in this very room right now our

233

00:07:57,510 --> 00:07:55,680

windbridge members

234

00:08:00,309 --> 00:07:57,520

a couple who are also in this room right

235

00:08:04,710 --> 00:08:00,319

now and our research medium samara

236

00:08:07,510 --> 00:08:04,720

dave joanne deborah doreen and stephanie

237

00:08:09,510 --> 00:08:07,520

i believe that in the sheet with

238

00:08:10,710 --> 00:08:09,520

everyone's name on it my email address

239

00:08:13,510 --> 00:08:10,720

is not listed so

240

00:08:14,230 --> 00:08:13,520

if you would like to put my email

241

00:08:15,830 --> 00:08:14,240

address down

242

00:08:16,950 --> 00:08:15,840

let me just go back and i'm going to

243

00:08:17,430 --> 00:08:16,960

i'll come back to this slide during

244

00:08:18,869 --> 00:08:17,440

questions

245

00:08:21,189 --> 00:08:18,879

but i just want to say if people visit

246

00:08:22,950 --> 00:08:21,199

our our website

247

00:08:24,230 --> 00:08:22,960

you can download our our peer-reviewed

248

00:08:26,070 --> 00:08:24,240

publications

249

00:08:28,150 --> 00:08:26,080

there's a list and contact information

250

00:08:31,510 --> 00:08:28,160

for our certified research mediums the

251
00:08:33,029 --> 00:08:31,520
curbs uh recommended books uh up to

252
00:08:35,350 --> 00:08:33,039
news and events where we'll be what

253
00:08:36,630 --> 00:08:35,360
we're doing you can join our email list

254
00:08:38,630 --> 00:08:36,640
to be notified of

255
00:08:39,990 --> 00:08:38,640
where we'll be speaking and and that

256
00:08:42,709 --> 00:08:40,000
sort of thing and you can become

257
00:08:44,230 --> 00:08:42,719
a member online too so thank you so much

258
00:08:51,750 --> 00:08:44,240
for your attention i'm happy to take any

259
00:08:51,760 --> 00:09:07,190
thank you julie

260
00:09:13,430 --> 00:09:10,470
of um the ones i've encountered

261
00:09:15,350 --> 00:09:13,440
um are male and you know we have a

262
00:09:18,550 --> 00:09:15,360
waiting list of 300 mediums

263
00:09:21,269 --> 00:09:18,560

waiting to want to be screened um i

264

00:09:22,389 --> 00:09:21,279

we only work with one and he has a

265

00:09:25,190 --> 00:09:22,399

partner that's all

266

00:09:26,230 --> 00:09:25,200

you know that's as much as i can say um

267

00:09:30,150 --> 00:09:26,240

it's an interesting

268

00:09:33,750 --> 00:09:32,710

julie you can probably anticipate that i

269

00:09:35,750 --> 00:09:33,760

say this but

270

00:09:37,350 --> 00:09:35,760

i'm a little disturbed by the way you

271

00:09:38,790 --> 00:09:37,360

characterize super psy because you

272

00:09:39,990 --> 00:09:38,800

suggested that insane is seemingly

273

00:09:41,509 --> 00:09:40,000

implausible

274

00:09:45,110 --> 00:09:41,519

and i just think it needs to be kept in

275

00:09:47,269 --> 00:09:45,120

mind the uh survival side that is

276

00:09:48,389 --> 00:09:47,279

the interaction between the discarnate

277

00:09:50,630 --> 00:09:48,399

and the medium

278

00:09:51,670 --> 00:09:50,640

or the discarnate in the physical world

279

00:09:53,269 --> 00:09:51,680

if the discarnate is

280

00:09:54,870 --> 00:09:53,279

uh apparently knowing what people are

281

00:09:56,710 --> 00:09:54,880

saying at the sitting that

282

00:09:58,470 --> 00:09:56,720

that degree of psychic functioning would

283

00:09:59,430 --> 00:09:58,480

be every bit as refined and every bit as